

# Using your DiproBase Cream pump dispenser

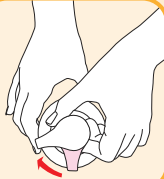
## Step 1

Remove the red tamper-proof seal



## Step 2

Unlock the plunger by turning it clockwise



## Step 3

Press down on the plunger to dispense your DiproBase Cream

*You can do this with your fingers,*



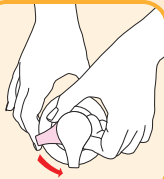
*your palm,*

*even your elbow, whichever is most convenient for you.*



## Step 4

After use relock the plunger by turning anti-clockwise



# Get to know your Diprobase Cream pump!



Your Diprobase Cream pump dispenser is very clever, it gives 4g of cream per actuation helping you give your skin the protection it needs.

What's more, because there's virtually no wastage, there's no need to open the pump and scoop out the last of the cream.

This leaflet tells you more about how to apply your Diprobase Cream and how to use your pump dispenser.

[www.eczemaanddermatitis.co.uk](http://www.eczemaanddermatitis.co.uk)

 Schering-Plough

Always read the label

Fold

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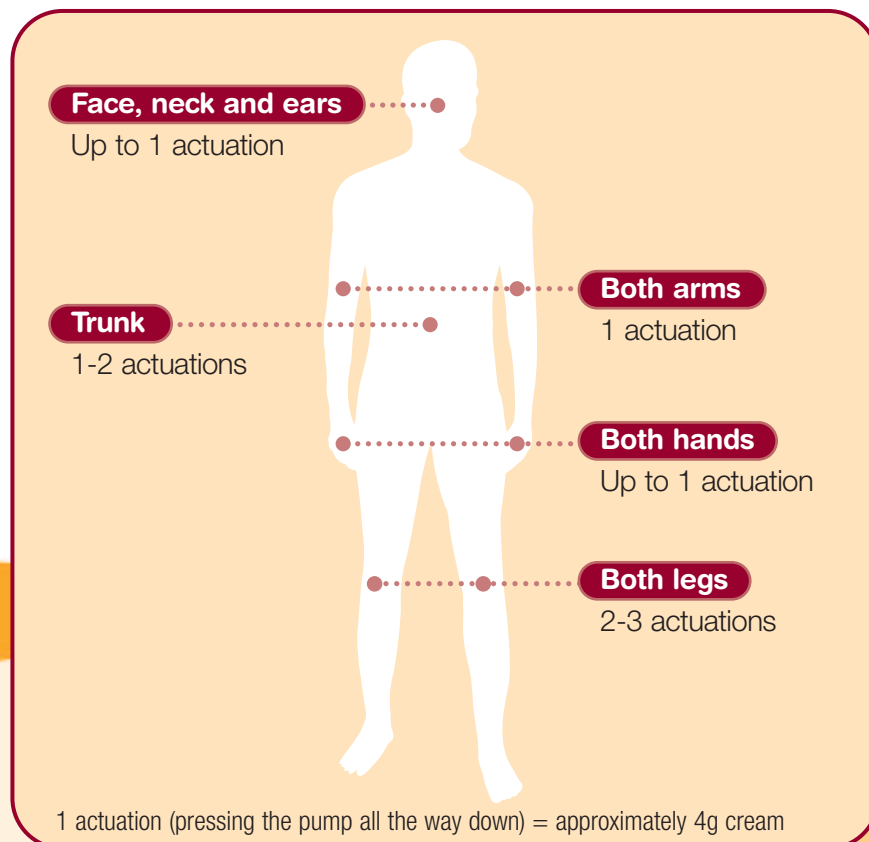
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# Are you feeling the full benefit of your emollient?

When you have eczema your skin needs to be moisturised, soothed and protected – all day, every day. That is the job of your emollient. To help your emollient look after your skin you need to:

## Make sure you are using enough

The British Association of Dermatology recommends that adults should use a 500g pump each week to treat generalised eczema. For children, NICE recommends a 500g pump should be used every one to two weeks. Each part of your body needs a different amount of emollient. Look at the illustration to see how much to use **every time** you use your Diprobase Cream.



Based on 500g per week

## Put it on 3-4 times a day, every day

- You should use it even when your skin is clear
- You'll need to keep using it together with other treatments if you have a flare-up
- Making it part of your daily routine will help you to remember to put it on, for example:

